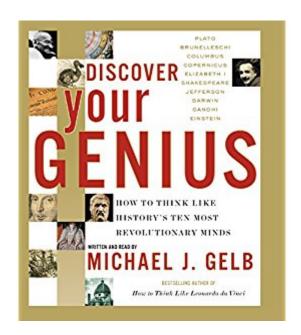
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Discover Your Genius: How To Think Like History's 10 Most Revolutionary Minds





Synopsis

Unleash your creative potential. Michael J. Gelb, bestselling author of How to Think Like Leonardo da Vinci, draws upon history's most revolutionary minds to help you unleash your own creativity. With fascinating biographies of all ten geniuses, personal self-assessments, and practical exercises, this book is the key to unlocking the genius inside you! Plato -- Deepening your love of wisdom Filippo Brunelleschi -- Expanding your perspective Christopher Columbus -- Strengthening your vision, optimism, and courage Nicolaus Copernicus -- Reorganizing your vision of the world Queen Elizabeth I -- Wielding your power with balance and effectiveness William Shakespeare -- Cultivating your emotional intelligence Thomas Jefferson -- Celebrating your freedom in the pursuit of happiness Charles Darwin -- Developing your powers of observation and cultivating an open mind Mahatma Gandhi -- Applying the principles of spiritual genius to harmonize spirit, mind, and body Albert Einstein -- Unleashing your imagination and "combinatory play"

Book Information

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Customer Reviews

I must admit to being a big Michael Gelb fan . . . I've heard himspeak (he is great!), and I loved his previous book: HOW TOTHINK LIKE LEONARDO DA VINCI . . . so naturally, whenhis latest effort (DISCOVER YOUR GENIUS: HOW TO THINKLIKE HISTORY'S TEN MOST REVOLUTIONARY MINDS) becameavailable, I tore into it--and was not disappointed . . . it is equally great!Imagine being able to draw upon the collected wisdom of Plato,Brunelleschi, Columbus, Copernicus, Elizabeth I, Shakespeare,Jefferson, Darwin, Gandhi, and Einstein . . . Gelblooks at these great thinkers to help you unleash your owncreavity . . . each of the invididuals profiled embodies aspecial

"genius" charactersitic, ranging fromoptimism to courage . . . you then get to integrate these principlesinto your daily life through a series of self-assessment questionnairesand a complete program of practical exercises. There were many memorable passages; among them:[on how to read a Shakespeare play] Each Shakespeare play offers a master class in emotionalintelligence and the lack thereof. As you read each playapproach it with the following questions in mind: What can I learn from this play that will help me know myself better? What can I learn from this play that will help me understand others better? (It's useful to think of specific people you might wish tounderstand better.) [Thomas Jefferson's ten-point plan for personal improvement] 1. Never put off til tomorrow what you can do today. (Jefferson rosebefore sunrise each day to get a head start on his massive to-do lists.) 2. Never trouble another for what you can do yourself.

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